

Sunday (03/09)	Monday (03/10)	Tuesday (03/11)	Wednesday (03/12)	Thursday (03/13)	Friday ((03/14)	Saturday (03/15)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
♥Assorted Juice ♥Choice of Hot or Cold Cereal Scrambled Eggs Bacon Donut Milk/Beverage	♥Assorted Juice ♥Choice of Cold Cereal ♥Cheesy Omelet Sausage Link Breakfast Hash Brown Patty Milk/Beverage	♥Assorted Juice ♥Choice of Hot or Cold Cereal SW Scrambled Eggs/Salas Breakfast Muffin Dice Potato ♥Fresh Fruit Cup	♥Assorted Juice ♥Choice of Hot or Cold Cereal Scrambled Eggs Bacon Assorted Danish Margarine/Jelly	♥Assorted Juice ♥Choice of Hot or Cold Cereal Fried Egg Sausage Links ♥Toast Margarine/Jelly	♥Assorted Juice ♥Choice of Hot or Cold Cereal Egg of Choice Bacon ♥Toast Margarine/Jelly	♥Assorted Juice ♥Choice of Hot or Cold Cereal Sausage Patty Chocolate Chip Pancakes ♥Margarine/Syrup Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hot Dog Onion Ring Potato Salad ***** Cheeseburger om Bun Onion Ring Potato Salad	Meatball Sub FF/Grape ***** Turkey Pie Pot Grape	Deli Sandwich Baked Potato Soup Chips ***** Chef Marku's Homemade Pizza Italian Vegetable	Ham&Cheese Quiche Saide Salad ***** French Dip Sweet Potato Fries Pasta Sand	BBQ Pulled Pork Tater tots Cole Slaw ***** Chicken Philly Cole Slaw Tater tots	Chicken Salad Pineapple Tidbits Assorted Cracker ***** Beef Enchilada Refried Bean Spanish Rice	Manicotti 5 way Vegetable Tossed Salad/Dressing ***** Beef Nacho Chuckwagon Corn
Ice Cream Sandwich	Jello Cake	Cookies	Tapioca Pudding	Chef Choice Dessert	Bread Pudding	Homemade Cookies
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Fried Chicken ♥Mashed Potatoes & Gravy Mixed Greens (A) ***** Salisbury Steak Mashed Potatoes& Gravy Green Beans Dinner Roll/Margarine	Spaghetti with Meat Sauce Italian Tossed Salad Breadstick ***** Chicken Piccata Au Gratin Vegetable Dinner Roll/Margarine	Sweet & Sour Pork ♥Steamed Rice Egg Roll ***** Beef Stroganoff Egg Noodle Mixed Veegetable Dinner Roll/Margarine	Baked Ham Loaded Baked Potato Candied Carrots (A) ***** Parmesan Crusted Tilapia Loaded Baked Potato Candied Carrots (A) Dinner Roll/Margarine	Country Fried Steak/ Country Gravy Mashed Potatoes/Baby Carrot ***** Grilled Cheese Tomato Soup Dinner Roll/Margarine	♥Fish of the Day Macaroni & Cheese Green Beans w/ Bacon & Onion ***** Stuffed Green Pepper Green Beans w/ Bacon&Oni Dinner Roll/Margarine	Apple Glazed Pork Chop ♥Herb Roasted Potatoes Meadow Blend Vegetables (A) ***** Greek Marinated Chicken Herb Roasted Potatoes Meadow Blend Vegetables (A) Dinner Roll/Margarine
Chef Choice	lemon Bar	Mandarin Orange Cake	Assorted Cream Pie	Frosted Vanilla Cake	chef choice	Boston Pie

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

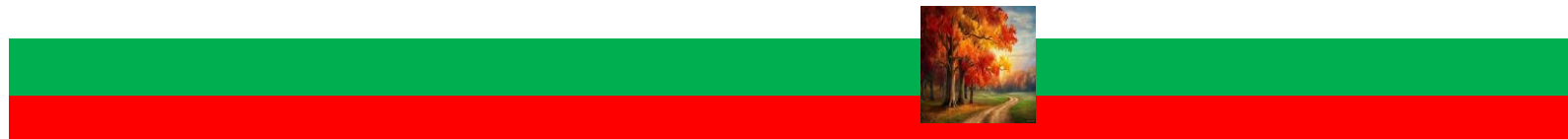


Deluxe Potato Ham Bake

Snickerdoodle Cookies



Chuckwagon Corn



Meadow Blend Vegetables (A

Long Grain & Wild Rice Blend



Week At a Glance

Menu: Copy of **Selective FineFare 5 PB F/W 24-25



Heart Healthy						
Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
♥Assorted Juice ♥Choice of Hot or Cold Cereal Scrambled Egg Substitute Turkey Sausage ♥Toast/Jelly ♥Skim Milk/Beverage	♥Assorted Juice ♥Choice of Cold Cereal ♥Apple Spice Oatmeal Turkey Sausage Breakfast Hash Brown Patty ♥Skim Milk/Beverage	♥Assorted Juice ♥Choice of Hot or Cold Cereal Scrambled Egg Substitute ♥Toast/Jelly ♥Fresh Fruit Cup ♥Skim Milk/Beverage	♥Assorted Juice ♥Choice of Hot or Cold Cereal Scrambled Egg Substitute Turkey Sausage ♥Toast ♥Jelly ♥Skim Milk/Beverage	♥Assorted Juice ♥Choice of Hot or Cold Cereal Scrambled Egg Substitute Turkey Sausage ♥Toast ♥Jelly ♥Skim Milk/Beverage	♥Assorted Juice ♥Choice of Hot or Cold Cereal Scrambled Egg Substitute Turkey Sausage ♥Toast ♥Jelly ♥Skim Milk/Beverage	♥Assorted Juice ♥Choice of Hot or Cold Cereal Scrambled Egg Substitute Turkey Sausage ♥Toast ♥Jelly ♥Skim Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
LS Tuna Patty ♥Rice Pilaf Asparagus Tips Bread & Margarine ♥Sherbet ♥Skim Milk/Beverage ***** Deli Turkey & Cheese Sandwich Peas & Carrots (A)	Cheese Quesadilla Fiesta Corn Salad ♥*Salsa ♥Fruit Salad ♥Skim Milk/Beverage ***** LS Turkey Ala King Served over Biscuit LS Capri Vegetables	♥Fruit Cup or Side Salad Hamburger on Bun LS Corn ♥Fruited Gelatin with Whipped ♥Skim Milk/Beverage ***** Grilled Swiss Cheese Sandwich Lightly Dressed Caesar Salad ♥Breadstick	♥Diced Turkey & Spaghetti Noodles Steamed Broccoli (A) ♥Cranberry Fluff (FR) ♥Dinner Roll (No Margarine) ♥Skim Milk/Beverage ***** Roast Beef & Swiss Sandwich Potato Salad	Hot Sliced Pork on Bun ♥Onion & Pickle Slice Sweet Potato Puffs (A) Creamy Coleslaw Chocolate Mousse ♥Skim Milk/Beverage ***** Cheese Ravioli Florentine Italian Blend Vegetables (A)	LS BBQ Chicken Chopped Salad (A) Pineapple Tidbits ♥Toast/Margarine Snickerdoodle Cookies ♥Skim Milk/Beverage ***** Turkey & Swiss Cheese Sandwich ♥Marinated Cucumber & Onions	Sc Gr Tc ♥C ♥S *** LS Cf
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Chicken (skinless) ♥Mashed Potatoes (No Gravy) Mixed Greens (A) Homemade Peach Crisp (FR) ♥Dinner Roll (No Margarine) ♥Beverage ***** Beef Patty Macaroni & Tomatoes Cauliflower	Spaghetti with Meat Sauce Italian Tossed Salad Turtle Cheesecake ♥Breadstick ♥Beverage ***** Baked Chicken (skinless) ♥Stuffing Brussel Sprouts	Lightly Sauced Sweet & Sour ♥Steamed Rice Oriental Vegetables (A) ♥Mandarin Orange Cake ♥Beverage ***** Breaded Pork Chop ♥LS Buttered Bowtie Pasta LS Seasoned Spinach-NO Bacon	LS Roast Pork Loaded Baked Potato (No Bacon) Candied Carrots (A) Cherry Pie ♥Beverage ***** LS Baked Tilapia ♥Herb Buttered Noodles Seasoned Yellow Squash	Beef Patty ♥Country Gravy Mashed Potatoes Buttered Peas ♥Frosted Vanilla Cake ♥Skim Milk/Beverage ***** Baked Chicken (skinless) Long Grain & Wild Rice Blend Pacific Blend Vegetables (A)	♥Fish of the Day ♥LS Buttered Macaroni Noodles w/ Parmesan Green Beans Lemon Bar ♥Skim Milk/Beverage ***** Unstuffed Green Pepper Casserole Carrot Coins (A)	Af ♥T Mk ♥L ♥E *** Gr ♥L ZL

Week At a Glance

Menu: Copy of **Selective FineFare 5 PB F/W 24-25



Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	
♥Fruit Drink Asst.Snacks/Cookies/Crx	♥Fruit Drink Asst.Snacks/Cookies/Crx	♥Fruit Drink Asst.Snacks/Cookies/Crx	♥Fruit Drink Asst.Snacks/Cookies/Crx	♥Fruit Drink Asst.Snacks/Cookies/Crx	♥Fruit Drink Asst.Snacks/Cookies/Crx	♥F As

Week 1

Saturday (Day 7)

Breakfast

- Assorted Juice
- Choice of Hot or Cold Cereal
- Turkey Sausage
- Chocolate Chip Pancake
- Syrup
- Skim Milk/Beverage

Lunch

- Squash Potato Soup (A)
- Filled Swiss Cheese Sandwich
- Crossed Salad/Dressing
- Chocolate Pudding
- Skim Milk/Beverage
- *****
- 3 Hamburger on Bun
- Truckwagon Corn

Dinner

- Apple Glazed Pork Loin
- Herb Roasted Potatoes
- Shadow Blend Vegetables (A)
- Ced Cinnamon Raisin Bars
- Beverage
- *****
- Greek Marinated Chicken
- Lemon Rice Pilaf
- Mushrooms & Onions

Week 1

Evening Snack
Fruit Drink
Inst.Snacks/Cookies/Crx
