

February 2021

Parsons Periodical

Parsons House on Eagle Run | 14325 Eagle Run Drive | 402-498-9554

Celebrating February

Black History Month

Women's Heart Week

February 1–7

Groundhog Day

February 2

Super Bowl Sunday

February 7

**Chinese New Year:
Year of the Ox**

February 12

Valentine's Day

February 14

Mardi Gras

February 16

**Ash Wednesday/
Beginning of Lent**

February 7

National Caregivers Day

February 19

Justice for Animals Week

February 21–27

Lumpy Mashed Potato Day

February 25



I hope you have all had a wonderful holiday season and I can't believe I am already writing about February 2021! With all the thinking that goes into the "COVID Plans", it's hard to focus on the other things in life. But... just in case you forgot February brings one of my favorite "Holidays" ... VALENTINES DAY, and what goes hand in hand with this holiday.... CHOCOLATE... my favorite food group! As a child the true holidays came and went in our household without much celebration. As an adult... I take every opportunity to celebrate! One of my friends asked me to choose a word that I am going to put focus on in my day to day life. I chose CELEBRATE! So far in 2021 I have "celebrated" the beginning of a new year, several snow falls, a new lifestyle living in the city, a new home with my first fireplace, a fantastic loving relationship, a fun group to work with, and great friendships in the making! I tell everyone who complains about any day... be blessed every day is a bonus for me so be kind and CELEBRATE! Now... let me get back to thinking about CHOCOLATE! Happy February!

Chocolate Delivery



We will be delivering candy heart packages to all the residents on valentines' day

If you would like to write a message to be delivered along with the candies please email your message by February 8th to communityinfo@parsonshousemgt.com

We love to have fun as an entire community and this month is no different. Here are some days that are for residents and staff to have a celebration together.

1st Hula in the Coola Day with a lei and a fun fruity drink

4th Pink Out to raise awareness for cancer day

5th Wear Red for breast cancer awareness

12th Chinese New Year fun

15th Random acts of Kindness Day

16th FAT Tuesday - Pancakes for all

19th National Caregivers Day!!!!

25th Lumpy Mashed Potato Bar

Kitchen

We would love to say Congratulations to Cosmos and family on the birth of their beautiful baby girl! Mom and baby are doing great!



Some of the fun days we are doing in February:

8th Potato lover's day – Potato Soup for lunch

12th Chinese New Year – Chinese dinner

17th Lent starts so fish every Friday!

20th Cherry Pie Day – dessert

25th Lumpy Mashed Potato Day – Mashed potato bar for lunch

Maintenance

Wonderful News:

We have received our building permits for the big renovation and that will be starting in the near future.

We are starting a new maintenance work order request system in life loop, so please be on the look for that.

Please remember folks no flushing of any wipes in toilet and no denture cream in toilets or sinks throw them in the trash can only.

Activities in the Spotlight



As we get the vaccine and start to get back to a new/ old normal we will have lots of fun indoor and out in the community activities. We are so excited to have fun and be active every day!

1st Scheduled Family visits from 1-3

2nd Is the Groundhog going to see his shadow?

We will be making predictions

Super Sled Dog day – we will have a sled dog visit our residents for some husky love!

4th Thank a Mailman today! Making care packages for our wonderful mail carriers.

7th Superbowl Sunday!

9th Take out Tuesday on National Pizza Day!!!!!!

10th Corner Store @ 12:30

12th Celebrating with a Chinese New Year HR President Lincoln Presentation @ 1:30pm

16th Traveling to Africa!

17th Ash Wednesday – Beginning of Lent

23rd Right/ Left Brain Day

24th Birthday Social

Corner Store @ 12:30

Visits

We will still be scheduling zoom, facetime, window, and hug booth visits until we are an open community! Since the zooms and facetimes have been so successful for families that live far away you can continue to schedule those even after we are an open community at communityinfo@parsonshousemgt.com

We love referrals!

If you refer a friend to Parsons House, who becomes a resident (minimum of 90 days), you will receive a \$1,500.00 credit on your next monthly bill.

Transportation for DR appointments



In order to ensure transportation gets scheduled

in time for your appointment, we need all information at least 72 business hours prior to the appointment. You can email resident's name/ room number, date, time, phone number and address of appointment along with the DR's name to

transportation@parsonshousemgt.com.

You will always get a confirmation email that the appointment was set up. Thank you so much for your help!

Nursing



I would like to thank the families who sent snacks and well wishes to the memory care staff over the holidays. It was appreciated and did not go unnoticed. This holiday season was very difficult to endure for residents as well as families. We are looking forward to the future and the end of an almost year long fight with Covid. Please continue to remain positive and look forward to the future with us. It will be bright!!

Fun
In
The
M
A
K
I
N
G



Top:
Phyllis is
thankful
for
happy
hour and
a glass of
wine.
CHEERS!!



Left:
Steve
getting
the point
during a
game of
balloon
volleyball

February Birthdays

In astrology, those born between February 1–18 are the Water Bearers of Aquarius. These deep-thinking intellectuals have big and original dreams. The world is full of possibilities, and Aquarians seek freedom in order to reach their greatest potential. Those born between February 19–28 are Pisces' Fish. Pisces are friendly, wise, and selfless, making them compassionate and generous friends. Their intuitive and romantic natures also make Fish creative and expressive artists.

2/3 Elsie L.
2/6 Sandra R.
2/7 Gregory G.
2/10 Otis R.
2/10 Pat R.
2/17 Joanne B.
2/22 Martha J.
2/23 Ralph T.
2/26 Pat C.
2/27 Martha L.
2/28 Doris G.

Welcome

Please join us in welcoming the newest members of the Parsons House family.

Welcome

Bob L.

Thank you for choosing Parsons House on Eagle Run as your new home. We look forward to getting to know you!



Top Left: Linda
is playing a little
tabletop
bowling.



Top Right: Jean
is enjoying a
glass of wine
during happy
hour.



Bottom:
Dona is
getting a
shoulder
massage
while
working
her mind.