

January 2021

Parsons Periodical

Parsons House on Eagle Run | 14325 Eagle Run Drive | 402-498-9554



Celebrating January

Get Organized Month

**Volunteer Blood Donor
Month**

Unforgettable 40s Day
January 3

National Spaghetti Day
January 4

Wheel of Fortune Day
January 6

Hole in One Day
January 9

Superhero Day
January 12

Martin Luther King Jr. Day
January 18

Small Town Day
January 22

Casablanca Day
January 23

Strange Sock Day
January 27

Blueberry Pancake Day
January 28

Hot Chocolate Day
January 30

The last month of 2020 has come and gone... FINALLY! I can't say I'm sorry to see 2020 come to an end—because I am NOT! I am guessing I am not the only person who feels that way... The Coronavirus Pandemic seemed to define the past year. Everything that we considered “normal” in our world—was suddenly cancelled, quarantined, infected, postponed, masked or restricted because of this virus. From March 2020 and beyond—things were turned upside down and sideways in an effort to avoid getting Covid. And, just when we were beginning to think that the threat was lessening and we might be able to lift our visitor restriction we had a few residents and staff test positive and once again, we were back to “staying at home”. Now “staying at home” sounds good to some of us, but not when it is almost an entire year. While many “recovered” from the virus—some of our dear friends and neighbors did not. Here at Parsons House we have lost one tenant directly due to the virus. We have also lost a few tenants due to other reasons, but I can't help to think that being lonely and missing their families contributed to their loss. This is heart-breaking and my thoughts and prayers are with the families and loved ones of these wonderful people.

I am thankful for all of the residents and employees who have recovered. I am thankful to science who have prepared a vaccine which will afford us the hopeful opportunity to return to life as we knew it before COVID! It is always good to see residents and staff out and about living some sort of active lifestyle, even if we may have to continue wearing masks, etc. I appreciate the support and encouragement we received from our residents, families and friends. I am grateful for our AMAZING staff team who have worked so hard during these trying days. This was not an easy work assignment – but our staff came through, like they always do! I am looking forward to the day that we can commence with our “re-opening plan” and restore even more normalcy into our daily routine. Yes...I am looking forward to 2021...

Activities in the Spotlight



The snow is coming just in time for national snowflake day! Most of us are enjoying the beautiful snowfall outside while feeling all the warmth of the inside. Some of the other fun days to join us for in January are....

- 1st Snow Day!!!! What will you be making in the snow?
- 3rd Alaska Day – Come learn about Alaska!
- 5th Bozo Day
- 6th Wheel of Fortune – Can you figure out the phrase?
- 7th Decorating coffee mugs
- 8th Elvis Lives Day
- 9th Hole in One – Do you have what it takes to get a hole in one?
- 12th Superhero Day – Who's your favorite superhero!
- 13th Townhall – room to room
- 17th Making Snowflakes
- 16th Corner Store
- 19th Coffee around the world – come try different kinds of coffee!
- 20th National Cheese lovers Day – what's your favorite cheese?
- 22nd Small Town Day – Taking a look at some small towns around Nebraska.
- 27th Strange Sock Day - Wear your strangest pair of socks today.
- 27th Birthday Social – Apple Pie Sundae mmmm
- 30th Hot Chocolate Day! Come make your own hot chocolate bomb and then watch it explode in your cup.



Nursing

Please get your loved one's demographic sheets and insurance cards sent in so that we have the most up to date information on file. If you need another copy or have any questions, please email
Alysha Dimauro at
adimauro@parsonshousemgt.com,
Angela Gaines at
againes@parsonshousemgt.com,
or Michele Pierson
michele.pierson@parsonshousemgt.com.

A word from housekeeping



We would like to introduce our new Housekeeping Supervisor, Heidi Marie. Heidi Marie and her husband are originally from Western Nebraska however, moved to the big city to be closer to their three wonderful grandchildren.

With over 12 years' experience, we are beyond thrilled to have her join our team. If you have any questions or concerns, please email her at hkresser@parsonshousemgt.com

WE'RE ON THE HUNT FOR SOME DEER



Making sure the gun is loaded!

Watch out deer we are waiting for you to take one step to the left.



Maintenance

Some new and exciting things regarding maintenance.... We have hired a new fire alarm company which will solve a lot of false fire alarms and have a great snow removal company that is taking care of our parking lot and courtyards. We are repainting the hallways and doors to your loved ones rooms, adding new carpet in the hallways, and also upgrading all hallway lighting to led fixtures which really brighten things up .We have been having issues with wipes and rags being flushed in toilet causing plumbing problems! Please remember to throw wipes in trash and no food should be put down drains.

Kitchen

2020 was a difficult year for all us. My favorite aspect of the day is to see all the residents in the dining room and having conversations with them unfortunately that was not the case this year. It is my hope that 2021 will give us the opportunity to see a full dinning on a regular basis. We will be Introducing new flavors to our food that will go a long way in making a dining experience a fun and memorable for a you. As always, we try to keep things fresh with new menu items.

Our all available menu will be reviewed each month and now is on the back of the regular menu. My email is cosmos@parsonshousemgt.com and my office ext is 142 so please reach out if you have any concerns or suggestions. Afehyia Pa! This practically translates to "good year" Afe nko mbo to hyen This response translates to "may this year go and meet us again"

Family Visits

We are so lucky that we were able to schedule 2 different family visits for your loved ones. It doesn't go without a little work, but so worth it to see the smiles from everyone. Thank you to the staff that helped the process seem effortless.



Snow Day Fun



Christmas spirit winner



Santa/ loved one videos were a blast to make and made some special moments for the kids!



January Birthdays

In astrology, those born between January 1–19 are Capricorn's Goats. Goats are responsible masters of self-control and considered some of the hardest workers in the zodiac. They are practical planners and leaders who value experience and expertise. Those born from January 20–31 are the Water Bearers of Aquarius. These deep-thinking intellectuals have big and original dreams. The world is full of possibilities, and Aquarians seek freedom in order to reach their greatest potential.

Joe H. - January 3rd

Bill W. - January 4th

Stan B. - January 9th

Mary Ann S. – January 26th

Dee P. – January 28th

Kathy B. – January 31st

Margaret G. – January 31st

Welcome

Please join us in welcoming the newest members of the Parsons House family!

Welcome

Jean G.
Loretta J.
Jean K.
Helen M.
Gloria W.