

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2021

Parsons House English Cottage Memory Care Monthly Calendar

					1 10 am ZEN Exercises 10:30 Ball Toss 1:30 New Year's Eve Fun 2:30 Afternoon Stretching 3:30 Happy Hour New Year's Day	2 10 am Lower Body Stretch 10:30 am Ball Toss 1:30 Yahtzee 2:30 BINGO 3:30 Nails
3 10 am Upper Body Stretch 10:30 am Catholic Mass WOWT (8) 1:30 Scattgories 2:30 Sing A Longs 3:30 Unforgettable 40s Day	4 10 am Weight Training 10:30 Ball Toss 1:30 Bingo 2:30 Photo Booth Fun 3:30 Manicure Mondays	5 10 am Yoga 10:30 Soccer 1:30 Yahtzee 2:30 Tic Tac Toe 3:30 Bozo Game	6 10 am Morning Ride 10 am Morning Stretching 10:30 Catch 1:30 Painting Fun 2:30 Charlie Brown Day 3:30 Bucket Ball	7 10 Jazzercise 10:30 Noodle Ball 1:30 Pictionary 2:30 Trivia 3:30 Making Mugs	8 10 am ZEN Exercises 10:30 Ball Toss 1:30 Elvis Lives Day 2:30 Skiing 3:30 Happy Hour	9 10 am Lower Body Stretch 10:30 am Ball Toss 1:30 Hole in One 2:30 BINGO 3:30 Nails
10 10 am Upper Body Stretch 10:30 am Catholic Mass WOWT (8) 1:30 Balloon Volleyball 2:30 Tic Tac Toe 3:30 Boggle	11 10 am Weight Training 10:30 Ball Toss 1:30 Bingo 2:30 Are You Feeling Lucky? 3:30 Manicure Mondays	12 10 am Yoga 10:30 Soccer 1:30 Bowling 2:30 Tic Tac Toe 3:30 Scrabble	13 10 am Morning Ride 10 am Morning Stretching 10:30 Catch 1:30 Junk Drawer Detective 2:30 Shooting Range 3:30 Bucket Ball	14 10 Jazzercise 10:30 Noodle Ball 1:30 Doggy Bingo 2:30 Nebraska Trivia 3:30 Spice of Life	15 10 am ZEN Exercises 10:30 Ball Toss 1:30 Cover the Board 2:30 Afternoon Stretching 3:30 Happy Hour	16 10 am Lower Body Stretch 10:30 am Ball Toss 1:30 Craft Day 2:30 BINGO 3:30 Nails
17 10 am Upper Body Stretch 10:30 am Catholic Mass WOWT (8) 1:30 Cover the Board 2:30 Puzzles 3:30 Making Snowflakes	18 10 am Weight Training 10:30 Ball Toss 1:30 Bingo 2:30 Martin Luther King Day 3:30 Manicure Mondays Martin Luther King Day	19 10 am Yoga 10:30 Soccer 1:30 Cover the Board 2:30 Tic Tac Toe 3:30 Coffee Taste Test	20 10 am Morning Ride 10 am Morning Stretching 10:30 Catch 1:30 Cheese Lovers Day 2:30 All about Alaska 3:30 Bucket Ball	21 10 Jazzercise 10:30 Noodle Ball 1:30 Poker 2:30 Bowling Dice 3:30 Jeopardy	22 10 am ZEN Exercises 10:30 Ball Toss 1:30 Small Town Day 2:30 Skiing 3:30 Happy Hour	23 10 am Lower Body Stretch 10:30 am Ball Toss 1:30 Rock n Roll Hall of Fame 2:30 Bingo 3:30 Nails
24 10 am Upper Body Stretch 10:30 am Catholic Mass WOWT (8) 1:30 Matching 2:30 Coloring Pages 3:30 Mop Hockey Activity Professionals Week	25 10 am Weight Training 10:30 Ball Toss 1:30 Bingo 2:30 Cooking 3:30 Manicure Mondays	26 10 am Yoga 10:30 Soccer 1:30 Wii Bowling 2:30 Tic Tac Toe 3:30 Wheel of Fortune Australia Day (observed)	27 10 am Morning Ride 10 am Morning Stretching 10:30 Catch 1:30 Chicken Soup for the Soul 2:30 Birthday Social 3:30 Bucket Ball	28 10 Jazzercise 10:30 Noodle Ball 1:30 Making Music 2:30 Trivia 3:30 21	29 10 am ZEN Exercises 10:30 Ball Toss 1:30 Wii Fun 2:30 Walking Club 3:30 Happy Hour	30 10 am Lower Body Stretch 10:30 am Ball Toss 1:30 Spare Day/ Bowling 2:30 Bingo 3:30 Nails
31 10 am Upper Body Stretch 10:30 am Catholic Mass WOWT (8) 1:30 Balloon Volleyball 2:30 Dance Off 3:30 Wheel of Fortune	 Happy Birthday Joe H. 3rd Bill W. 4th Stan B. 9th Mary Ann S. 26th Dee P. 28th Kathy B. & Margaret G. 31st 					

All activities and times are subject to change.