

November 2020

# Parsons Periodical

Parsons House on Eagle Run \* 14325 Eagle Run Drive \* (402) 498-9554



## Celebrating November

**Aviation History Month**

**National Doughnut Day**

*November 5*

**Nacho Day**

*November 6*

**Blackout Day**

*November 9*

**Veterans Day: U.S.**

*November 11*

**Homemade Bread Day**

*November 17*

**International Men's Day**

*November 19*

**Thanksgiving: U.S.**

*November 26*

## Happy November!

As I write this article, it is officially Fall and getting closer to.... (ssshhh winter)! This year is flying by. I always dread warm weather ending but there are so many things that I love about Fall. The things I enjoy the most are cool nights (sweater weather), bon fires, that first batch of chili, falling leaves, pre-planning for the holidays and football. So, when I say I enjoy football, I mean, I love football!! I especially love college football. I came to the dramatic and somewhat heart wrenching conclusion that no matter how I look at it... I am waking up in NEBRASKA... yep NEBRASKA... the place where GOOOOO BIIIGGG REEEEDDD is said very loud and proud. Unfortunately for the state of Nebraska, I'm a HUGE Iowa Hawkeye fan and I look forward to their football season almost as much as kids look forward to Christmas morning. Unfortunately, this is something else that will look a lot different this year due to Covid-19. Up until a few weeks ago, the Big Ten Conference football teams weren't even going to have a season. The Big Ten Conference announced that they are going to play a shortened season with the first game(s) having been played the end of October. There will be no Iowa State/Iowa match up which is one I look forward to each year but not as much as I LOVE to poke at the Nebraska fans. My momma didn't raise no fool though... I know my place. Soooo I will be a tad bit quieter about my "poor ol' Nebraska" comments. I'm glad they decided to have a season but with no fans allowed in the stadiums it will not be the same. I usually go to a game or two each year at Kinnick Stadium in Iowa City. The tailgating before the game, the walk into the stadium, and the stadium wave to all the children at the Children's Hospital is electrifying. A feeling that is hard to describe! I hope that next year the college football season will resume as normal with a full schedule and stadiums full of fans. Until then, I will watch the shortened season (GO HAWKEYES) and enjoy the other things I love about Fall and planning for the holidays! Happy Fall ya'all!

## Caramel Apples



## Bowling Challenge Fun



## Spotlight on Activities

We are so thankful to get to spend the holidays with your loved ones. In the month of November, we have some fun things planned.

- 1<sup>st</sup> Daylight Savings Time starts
- 3<sup>rd</sup> Flag Craft
- 4<sup>th</sup> Destination Station
- 5<sup>th</sup> Making Doughnuts
- 6<sup>th</sup> Nacho Typical Happy Hour
- 9<sup>th</sup> Blackout Day (every wear black day)
- 9<sup>th</sup> Welcome social  
(introducing the new residents to everyone)
- 10<sup>th</sup> Take out Tuesday
- 11<sup>th</sup> Veterans Day Museum
- 12<sup>th</sup> National everything pizza day
- 16<sup>th</sup> Button Craft
- 17<sup>th</sup> Homemade Bread Making
- 18<sup>th</sup> Birthday Social
- 19<sup>th</sup> International Men's Day
- 21<sup>st</sup> Ritz snack party
- 26<sup>th</sup> Thanksgiving Day
- 30<sup>th</sup> It's beginning to look a lot like Christmas!!!

## Holiday visits

As the holidays approach we will be keeping you in the loop for the guidelines from the Douglas County Health and Human Services.



## A BIG THANK YOU!!!!

We want to give a huge shoutout to all the housekeepers who always jump up to help unload and stack all the PPE that we pick up to use when we need it. You guys rock at not only stepping up to move supplies but keeping our building clean.

We want to thank the entire kitchen staff to change meal plans at a moments notice, when needed and keeping a smile on your face while doing it.

We also want to thank the receptionists for helping healthcare workers/ visitors get checked in, residents to the front for MD visits, and getting everyone's questions answered or called transferred.

Gracious to our activity department for keeping our residents engaged, delivering mail and packages, and handling all the visits so that families can see their loved ones.

Thank you to our maintenance team for keeping up on all work orders, fixing any problems that pop up, and helping with some of the remodeling plans.

And finally, all the caregivers who keep all the residents clean, cared for and hydrated.



## Nurses Station

The nursing team is doing a wonderful job at keeping all employees informed on how to keep everyone safe. This is staff roleplaying how to donning (putting on) and doffing (taking off) PPE.



Thank you for always keeping residents and staff safe Mary Ann, Michele, and Angie.

## From the Kitchen

### Mealtimes

**8:00 AM Breakfast**

**12:00 PM Lunch**

**5:00 Dinner**



## Halloween Fun



## November Birthdays

In astrology, those born from November 1–21 are Scorpio's scorpions. Scorpions are passionate and intense, yet you may never know given their calm demeanors. They value truth, loyalty, and justice in friends and family. Those born between November 22–30 are Archers of Sagittarius. The Archer's open mind, optimism, curiosity, and enthusiasm make them the travelers of the zodiac. They treasure freedom: freedom to roam, freedom of thought, and freedom to express themselves.

Norma D. 11/10  
LaVelle D 11/11  
Roxie B. 11/12  
Richard B. 11/12  
Russ R. 11/14  
Arthur P. 11/15  
Phyllis P. 11/15  
Donald F. 11/17  
Thelma S. 11/18  
Cynde H. 11/23  
Patricia B. 11/25  
Irvin S. 11/27  
Rose C. 11/28  
Marjorie J. 11/30

## New Residents

Please join us in welcoming the newest members of the Parsons House family!

Bill S. Sr.  
Deloroes "Dee" P.  
Doris S.  
Gay S.  
Jackey P.  
Judy Z.  
Neil D.  
Terry O.

*Welcome*

Thank you for choosing Parsons House on Eagle Run as your new home. We look forward to getting to know you!